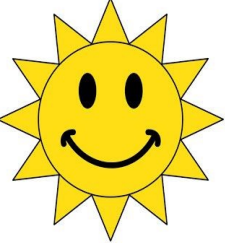




The Village at Heritage Point Calendar of Activities May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities are a Maximum of a hour long unless otherwise notified.</p> <p>Channel 958 on your TV will update you on what's happening at the Village!</p> 			<p>1 9:00 Here's to Your Health Balance Program GR</p> <p>9:00-9:30 Simple Seated Stretch 2L</p> <p>10:00 Coffee/Donuts C</p> <p>11:00 Charades Fun 2L</p> <p>2:00 Afternoon Cocktails and Mock tails C</p> <p>3:00 Bingo 2L</p> <p>6:45 PM Community Orchestra at the CAC</p>	<p>2 9:00-9:30 Simple Seated Stretch 2L</p> <p>11:00 May is Better Hearing Month - Hearing Solutions Service by John Vash GR</p> <p>1:00 Art Presentation by Zorrah Lawson GR</p> <p>3:00 Sit 'n Stretch AC</p> <p>3:30 PM Plant Sale at Mon Health's Main Lobby</p> <p>6:30 PM Four Tops Show at the CAC (pre-purchased only)</p> <p>7:00 Harp Concert GR</p>	<p>3 9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Episcopal Lutheran Service GC</p> <p>10:00 St. John University Parish with Father Sabo GR</p> <p>10-12 Retiree's Book Club AC</p> <p>1:00 Lounge Talk 2L</p> <p>3:00 Wine Buds AC</p> <p>6:00 Movie GR/2L</p>	<p>4 10:00 Chair Dancing with Angela GR</p> <p>11:00 Beginning Acrylic Painting Fun with Friends AC</p> <p>11:00 Cowboy Roger 2L</p> <p>1:00 Bingo with Tia 2L</p> <p>6:00 Movie GR/2L</p>
<p>5 8:30 Trans. to Suncrest Methodist</p> <p>9:00 AM Inspirational Church Services Channel 5</p> <p>2:00 Movie Time GR/2L</p> <p>6:00 Faith/Based Inspirational Movie GR/2L</p>	<p>6 9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:30 AM Transportation for Early Voting at Suncrest Towne Centre</p> <p>1:30-2:30 Bible Study GR</p> <p>2:30 Bubble Blowing Contest for Bubble Day — Suites Patio</p> <p>3:00 Line Dancing AC</p> <p>6:00 Songs of Spring and Summer by R.J. Nestor FL</p>	<p>7 9-9:30 Simple Seated Stretch Time 2L</p> <p>9:30 AM Old Kroger's</p> <p>1:00 Fall Prevention Educational Program with Encompass GR</p> <p>2:00 Bean Bag Toss Game with Ashley and Tracey 2L</p> <p>2:00 Environmental Committee Meeting GC</p> <p>3:00 Sit 'n Stretch AC</p> <p>6:00 Movie GR/2L</p>	<p>8 9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Coffee/Donuts C</p> <p>10:30 AM The Loft Clothing Store Shopping</p> <p>1:00 National Have a Coke Day! Join us for a refreshment C</p> <p>2:00 Potting a Plant for Mother's Day with The WVU Davis College Store AC</p> <p>6:00 Musical Singing Show tunes Night with Jordan-Egnot FL</p>	<p>9 9-9:30 Simple Seated Stretch Time 2L</p> <p>10:30 Chips and Dip C</p> <p>12:30 Village Bridge GR</p> <p>2:00 Bingo 2L</p> <p>3:00 Sit 'n Stretch AC</p> <p>6:00 Movie GR/2L</p>	<p>10 9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10-11 Episcopal Lutheran Service GC</p> <p>10:00 Catholic Communion GR</p> <p>11:00 Ikebana Flower Arranging Class AC</p> <p>1:00 Patriotic Diamond Dot Craft with Tracey (2 hour Class) AC</p> <p>3:00 Wine Buds AC</p> <p>6:00 Movie GR/2L</p>	<p>11 11:00 Beginning Acrylic Painting Fun with Friends AC</p> <p>1:00 Bingo with Tia 2L</p> <p>2:00 Singing with Michael Adams 2L</p> <p>3:00 Afternoon Games with Friends C/GC</p> <p>6:00 Movie GR/2L</p>
<p>12 8:30 Trans. to Suncrest Methodist</p> <p>9:00 AM Inspirational Church Services Channel 5</p> <p>2:00 Movie Time GR/2L</p> 	<p>13 9:00 Here's to Your Health Balance Program GR</p> <p>9:30 Simple Seated Stretch Time 2L</p> <p>11:00 Activities Committee Meeting AC</p> <p>1:00 PM WVU Insect Zoo Tour</p> <p>1:30-2:30 Bible Study GR</p> <p>6:00 Nostalgic Comedy with Randy Riggle GR</p>	<p>14 9-9:30 Simple Seated Stretch Time 2L</p> <p>9:30 AM Suncrest Kroger's</p> <p>1:00 Mother's Day Tea GR</p> <p>3:00 Sit 'n Stretch AC</p> <p>3:00 Bingo 2L</p> <p>6:00 Honoring Our Mother's Heritage with Tunes by Sandy Lusco Huffman GR</p>	<p>15 9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Coffee/Donuts C</p> <p>11:00 Card Making with Carla AC</p> <p>1:00 Mon Doc 101 - Dr. Daouadi presentation on Bariatric Surgeries GR</p> <p>2:30 National Pizza Party Day! Come have a slice! AC/C</p> <p>6:00 Movie GR/2L</p>	<p>16 9-9:30 Simple Seated Stretch Time 2L</p> <p>9:30 AM Arthurdale Trip "Factories in the Fields: an Experiment in Agriculture and Rural Industry"</p> <p>3:00 Basketball Game with Ashley and Tracey (Seated Optional) 2L</p> <p>3:00 Sit 'n Stretch AC</p> <p>6:00 Movie GR/2L</p>	<p>17 9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Catholic Communion AC</p> <p>10-11 Episcopal Lutheran Service GC</p> <p>1:00 Paint and Sip Art Class with Alexandria Gaujot Small-town America Canvas Painting AC</p> <p>3:00 Wine Buds AC</p> <p>6:00 Movie GR/2L</p>	<p>18 10:00 Chair Dancing GR</p> <p>11:00 Beginning Acrylic Painting Fun with Friends AC</p> <p>11:00 Cowboy Roger 2L</p> <p>1:00 Bingo with Tia 2L</p> <p>6:00 Movie GR/2L</p>

The Village at Heritage Point Calendar of Activities May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>19</p> <p>8:30 Trans. to Suncrest Methodist</p> <p>9:00 AM Inspirational Church Services Channel 5</p> <p>1:00 Bingo with Cecil 2L</p> <p>2:00 Movie Time GR/2L</p> <p>6-7 Reminiscing with Jeanette FL</p>	<p>20</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>9:30 AM Meadows Trip with lunch at the Casino</p> <p>1:30-2:30 Bible Study GR</p> <p>3:00 Line Dancing AC</p> <p>6:00 Movie Night GR/2L</p>	<p>21</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:30 AM Transportation to Target</p> <p>10:30 Marketing Meeting AC</p> <p>11:00 Outreach Committee AC</p> <p>1:00 Food Committee Meeting GR</p> <p>2:00 Memorial Day Craft with Sydney GC</p> <p>3:00 Sit 'n Stretch AC</p> <p>3:00 Bingo 2L</p> <p>6:00 Movie Night GR/2L</p>	<p>22</p> <p>8:30 AM Tudor's Biscuit World</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Coffee/Donuts C</p> <p>1:00 Jeopardy with Brett from Amedisys AC</p> <p>2:00 Summer Menu Tasting Buffet GR</p> <p>3:00 Resident Council AC</p> <p>6:00 Special Corn hole night with Snacks and Prizes featuring your Dominion Post Carrier Paige GR</p>	<p>23</p> <p>"KICKOFF TO SUMMER FUN!"</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>1:00 Here's to Summer with Ice Cream Sandwich's VP</p> <p>2:00-3:00 Caricatures by Vince Ornato "Come have your face drawn" VG</p> <p>3:00 Sit 'n Stretch AC</p> <p>6:00 Here's to Memorial Day with Ashley and Tracey - Fire pit with Marshmallows and S'mores VP</p>	<p>24</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Catholic Communion AC</p> <p>10-11 Episcopalian Lutheran Service GC</p> <p>11:00 Fireside Chats with Jill and Dan - Topic: Daily Nutritional Value in the Menu's GR</p> <p>1:00 Adult Coloring Class AC</p> <p>3:00 Wine Buds AC</p> <p>6:00 Movie GR/2L</p>	<p>25</p> <p>10:00 Chair Dancing AC</p> <p>1:00 Beginning Acrylic Painting Fun with Friends AC</p> <p>1:00 Bingo with Tia 2L</p> <p>2:00 Memorial Day Tunes with Michael Adams 2L</p> <p>6:00 Movie 2L</p> 
<p>26</p> <p>8:30 Trans. to Suncrest Methodist</p> <p>9:00 AM Inspirational Church Services Channel 5</p> <p>2:00 Movie Time GR/2L</p>	<p>27</p> <p>12-2 Memorial Day Cookout</p> <p>6:00 Memorial Day Movie GR/2L</p> 	<p>28</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>9:30 AM Price Cutters Shopping</p> <p>1:00 After Memorial Day Puzzles and Quizzes AC</p> <p>2:00 Residents Monthly Birthday Party GR</p> <p>3:00 Sit 'n Stretch AC</p> <p>3:00 Bingo 2L</p> <p>6:00 Great Decisions - US-China Trading Rivalry GR</p>	<p>29</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Coffee/Donuts C</p> <p>11:00 AM Eureka Cafe for Lunch</p> <p>2:30 Presentation/History of Historic Morgantown Post Office GR</p> <p>6:00 Movie GR/2L</p>	<p>30</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 AM WVU Greenhouse Tour and Shopping</p> <p>12:30 Village Bridge GR</p> <p>2:00 Bingo 2L</p> <p>3:00 Sit 'n Stretch AC</p> <p>6:00 Hand Bell Concert by The Drummond Ringers from Suncrest United Methodist Church FL</p>	<p>31</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Catholic Communion AC</p> <p>10-11 Episcopalian Lutheran Service GC</p> <p>11:15 Card Making with Carla AC</p> <p>1:00 Craft with Tracey AC</p> <p>3:00 Wine Buds AC</p> <p>6:00 Movie GR/2L</p> 	<p>Tune your TV to Channel 958 to find out what's happening at The Village!</p>

Location Key

FL-Front Lobby GR-Great Room AC-Arts & Crafts Room C-Café GC-Game & Card Rm.
 L-Library SP-Suites Patio SL-Suites Lobby SA-Suites Activity 2L-Suites 2nd Floor Lounge
 EL-Elevator Lobby FR-Fitness Room WO-Wellness Office
 VG-Village Gazebo SG-Suites Gazebo

For more information contact:
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 One Heritage Point Morgantown, WV 26505
www.Heritage-Point.com

(Calendar Subject to Change)



All Activities are a
 Maximum of a hour
 long unless
 otherwise

